

ST CROIX FALLS SCHOOL DISTRICT NEWSLETTER

April

Spring Fever, Saints Nation!

2024



St. Croix Falls School District

740 Maple Drive

St. Croix Falls, WI 54024

715-483-2507

www.scfsschools.com

School Building Hours

(in session)

Dresser Elementary -

8:17am-3:09pm

SCF Elementary -

8:07am-3:19pm

SCF MS & HS - 8am - 3:30pm

Vision

Becoming the best version of ourselves:

- * Dynamic
- * Connected
- * Innovative

Mission

The mission of the School District of St. Croix Falls is to provide a supportive, student-centered learning environment that cultivates character, fosters academic excellence, and embraces diversity.

Inside this issue:

- From the Superintendent's Office
- High School
- Star Educations Foundation
- Middle School
- Elementary School
- Athletics
- Nurse
- Kids Care & Little Saints
- Summer School
- Community Education

It wasn't a snowy winter, but we're still ready for *SPRING!*



Follow us on Facebook



A Letter from the Superintendent, Mark Burandt

~Spring 2024~



Welcome to spring (we hope). There are many things that have been happening in our district during the fall and winter. Much of these are truly celebrations of good things taking place.

We have had many students receive recognition for their efforts in academics, activities and athletics. We have some high school awards nights and scholarship nights coming up in May. Please watch our website and school calendar for those dates and times.

Another significant happening was the election of two school board members: Ms. Tashina Raygor and Mr. Brent McCurdy have been reelected for another three-year term. They both care deeply about great educational experiences for our students. I would like to both congratulate and thank them for their continued service to the school district. I would also like to thank the entire board of education for the dedication and commitment to the quality education of our students.

As this is my last newsletter before I leave at the end of June for retirement, I want to take a moment to thank the community for their support over my nine years as superintendent for the district. While certainly not everyone agreed with every decision I made, I always felt supported. This is most evidenced by the passing of two referendums. The first was for deferred maintenance and the second was to build the bus garage addition, the Fitness Center, and the Fine Arts Center. These projects enhanced an already outstanding school district in too many ways to mention here. The opportunities our students have are a direct result of our district's members understanding the importance of a public education, and the importance of giving our students a head start in competing with the rest of the region, state, country and world. Certainly, the needs of the district's buildings have not stopped because of these two referendums, but they made the district shine.

I will not get into naming individuals to thank as that too often leads to leaving someone off the list. However, in addition to the community, I want to thank the staff, students the administrative team, and school board for giving me nine terrific years to close out an adult lifetime in public education. Thank you to all of you for supporting our young learners in their educational experience.

Mark C. Burandt
District Administrator



A Letter from future SCF Superintendent, Craig Broeren



Hello-

Much of this content has been shared with staff or through the media, but I wanted to take this opportunity to introduce myself to the broader St. Croix Falls community prior to “officially” beginning my duties on July 1, 2024. Many of you may already be aware, but after teaching for a brief period in Stillwater, Minnesota, I was hired by St. Croix Falls schools in 2001 to teach 7th grade life science and high school biology, which I did until 2008 when I left to pursue opportunities in administration. Since then, I have served as a Principal for 2 years and as a Superintendent for nearly 14 years with 3 years in Prairie Farm, 4 years in Barron, and soon to be 7 years in Wisconsin Rapids.

I have been married to Sunshine for over 26 years. We have three kids- Raya, a sophomore at Marquette majoring in biomedical sciences, and Keaton and Porter (twins), seniors at Lincoln High School in Wisconsin Rapids. Keaton is planning to study either biological or chemical engineering, and Porter plans to study veterinary science; neither have chosen the college they will attend at this time. All three of our kids were involved in athletics (volleyball, track, basketball, soccer) and other co-curriculars (DECA, Key Club, NHS) during their high school careers.

Sunshine and I enjoy spending time outside being active both with our kids and without. We like to run, mountain bike, hike, golf (poorly), and to relax on our pontoon (once it is in the water of course) on occasion. Having been in western Wisconsin for the majority of our adult lives, we are quite familiar with the incredible amenities the St. Croix Falls area has to offer and we are very excited to get back there!

I am absolutely honored to be selected as the next Superintendent for the St. Croix Falls School District, and I am looking forward to July 1. Please feel free to stop by, call, or email me any time after July 1 to introduce yourself.

Take care,

Craig Broeren



ST CROIX FALLS HIGH SCHOOL PLAY

Murder on the Orient Express

The seniors who were on the cast and crew of Murder on the Orient Express included Chase Lessard, Lincoln Ferris, Conner Dyzak, Ashlin Waltz, Ali Lehman and John Bateman.



Juniors who were on the cast/crew of Murder on the Orient Express included Shane Backus, Miles Aaron, Gretchen Schaffer, Riley Lessard, Hailey Pomeroy, Charles Hilario, Isabelle Van Gundy, Conner Erickson, Tessa Hanson and Amelia Broome.

Sophomores who were on the cast/crew of Murder on the Orient Express included Lucas Hale, Oliver Krzystofiak, Day Svardahl, Gavin Fredrickson, Fiona Hendricks, Amelia Chartrand, John Ellingworth, and Ethan Jacobs



Freshmen who were on the cast/crew of Murder on the Orient Express included Will Lindberg, Oliver Bauer, Liam Rochford, and Piper Ray





The tech crew for the school's production of Murder on the Orient Express included (front row) Will Lindberg, Lincoln Ferris, Lucas Hale, Oliver Bauer, (second row) Conner Erickson, Liam Rochford, Oliver Krzystofiak, Hailey Pomeroy, (back row) Piper Ray, Amelia Chartrand, John Bateman, Day Svardahl and Isabelle Van Gundy.

Passengers on the Orient discover the murdered body of a criminal onboard. Included in this scene are Gretchen Schaffer, Ali Lehman, Tessa Hanson, John Ellingworth, Conner Dyzak, Ameila Broome, Riley Lessard, Miles Aaron and Shane Backus (lying on the couch).



ROTARY STUDENTS OF THE MONTH



January
Ella Stenberg



February
Loganne Marks



April
Ayla Schmidt



March
John Bateman



A NOTE FROM THE HIGH SCHOOL PRINCIPAL **Peggy Ryan**



Spring is, without a doubt, the busiest time of year in the high school. Please note the following dates as we approach the end of the school year:

April 27: Prom, Grand March begins at 6 p.m. in the Fine Arts Center. The dance will be held at The Falls from 7-11 p.m. Students will provide their own transportation, since it's in-district. No one will be admitted after 7:15 p.m, and if a student wishes to leave early, they must have parent consent. Anyone who leaves will not be readmitted

May 1: Senior Scholarship and Awards Night, 7 p.m., Fine Arts Center. Seniors should arrive no later than 6:45 p.m. Any senior receiving a scholarship must attend. Business apparel is required for seniors--no jeans, flip-flops, t-shirts

May 6-17: Advanced Placement Exams

May 8: Academic Awards Banquet, High School Commons. Meal begins at 6:30 p.m. Program begins after everyone is served and seated

May 15: Baccalaureate, 7 p.m. Alliance Church of the Valley in St. Croix Falls

May 20-21: Senior final exams

May 22: Senior class trip

May 22-23: Finals for grades 9-11

May 23: Students' last day

May 24: Graduation. Graduation practice is at 10 a.m. All graduates must attend. This is required to participate in the graduation ceremony.

Commencement begins at 7 p.m. in the gymnasium. Seniors need to be at the school at 6 p.m.--an hour prior to the ceremony. Business apparel is required for graduates--no jeans, flip-flops, t-shirts.

Also, seniors should be aware of the district's attendance and behavior policy in regards to the graduation ceremony. No senior may have any unexcused absences or more than 4 excused absences that have not been excused in advance by the principal during the fourth quarter to participate in the commencement ceremony. This is board policy and included in the student handbook. If you have any questions, please contact the principal. Seniors are required to follow all school rules at all school activities, including the senior trip and commencement ceremony.



**A NOTE FROM THE HIGH SCHOOL
PRINCIPAL** **Peggy Ryan**

Please check the school district website and Facebook page for cancellations or changes in outdoor events. The calendar is very full, and changes can happen quickly because of the weather. Also be aware that changes for high school events may ripple out to impact practices for elementary or middle school students.

Three new trophy cases have been placed at the entry of the school, and all of our WIAA state team trophies have been placed there. Our wrestling team earned the runner-up trophy at the state team tournament, making that the fifth WIAA team state champion or runner-up trophy earned in the past two years.

Several students advanced to the state level for Visual Arts Classic. Amelia Broome, Sam Hinckley, Miles Aaron and Hailey Pomeroy earned gold medals. Mickayla Fitzgerald earned silver and Daniel Hanson earned honorable mention.

SCF music students performed 41 events at this spring's solo and ensemble competition. Of the 28 class A events, nine qualified for the state solo and ensemble competition, which will be held in Eau Claire on May 4th. Students who qualified are Charles Hilario in both instrumental and vocal solos, Belle VanGundy, Shane Backes, Lincoln Ferris, Miles Aaron, Oliver Bauer, Liam Roach, Will Lindberg and the Chamber Singers. At the large group festival, our upperclassmen choir earned a first in class A, our freshmen choir earned a first in class B and our band earned a second in class B.

The Forensics team did well at the Wisconsin Forensics Coaches' Association State Tournament at Sun Prairie West High School. Charles Hilario and Isabelle VanGundy took third place overall in play acting, and Amelia Broome and Tessa Hanson took fifth place in play acting.

Two seniors have been selected as WIAA Scholar Athletes. Lucy Belisle and Eli Prokop have earned this prestigious award. Congratulations to them both.



SCF HS SPECIAL EDUCATION RESOURCES

No matter where your student is at, we are here to support their learning needs through their IEP services and accommodations. Parenting a student with learning, behavioral, or other challenges can be overwhelming. Thousands of questions run through your head. What type of accommodations and support should my child be getting at school? What type of support should I be giving my child at home? What's an IEP? Is there support after high school? This letter should serve as a guide to answering some of those questions.

SCF School District Special Education Information

<https://sites.google.com/scfschools.com/student-services/special-education?authuser=0>

Many special education questions can be answered here:

- **Special Education Home Page**

<https://dpi.wi.gov/sped>

- **Special Education: Parent Homepage**

<https://dpi.wi.gov/sped/families/rights>

- **Intro To Special Education Booklet**

<https://dpi.wi.gov/sites/default/files/imce/families-students/intro-se.pdf>

If you have more questions or need more information and would like to talk with a special education teacher, please feel free to contact us.

Thank you!

High School Special Education Teachers:

Chris Schmidt Email: schmich@scfschools.com

Phone: 715-483-2507 ex 1308

Cory Schmidt Email: schmico@scfschools.com

Phone: 715-483-2507 ex 1309

Tia Svardahl Email: svardti@scfschools.com

Phone: 715-483-2507 ex 1337



SCE HS VALEDICTORIANS



Alexandra Lehman



Loganne Marks



Morgan Marks



Ayla Schmidt



Alaina Smith



Ella Stenberg

SCE HS SALUTATORIAN



Peyton Parks



SCF HS STUDENT LIFE



The Visual Art Classic Team competed in the regional WAEA Visual Arts Classic at UW-Stout. They took 3rd place overall as a team and 2nd place overall in the Critical Thinking team competition. Seven individuals advanced to State with their long-term artworks, and 5 with their on-site competitions.

A couple of our students were asked to be on a panel to discuss climate change and how it impacts our community. This forum was held in Taylors Falls Saturday, April 6th. Oliver Krzystofiak and John Bateman were featured with other students from different schools in the area. They are both a part of the SCF Environmental Club. They represented our school beautifully.



Alaina Smith (right) won the title of state champion for the job interview competition at the SkillsUSA state conference in Madison. She earned the top score among 64 competitors in the event. Smith will compete at the national level in Atlanta in June.

This year's Forensics team was a small but mighty team of dramatic students that went to STATE. Tessa Hanson and Amelia Broom (far left and far right) took the 5th place out of 30 competitors in Play Acting.

Charles Hilario and Belle Van Gundy (inner left and inner right) won 3rd place in the same event. Congratulations Saints Forensics.



It's all fun and games unitl...
No, this is Mrs. Hoefs' AP Psych class studying the affects of monocular vision while keeping a balloon in the air.





The STAR Education Foundation is a non-profit 501(c)(3) educational charitable organization. We're Making a Difference!

For further information about donating your time, talents and/or monetary gifts, please contact Bonnie Kloos at 715.553.2996 or Melissa Ward at 715.557.1920.

Every year, the Star Education Foundation awards funding to selected SCF staff who apply for grants that will benefit student programs. This Spring's grant award winners were Marley Hoefs, (winner of two different grants) accepted by Miles Aaron and Ali Lehman; Shawn Gudmunsen, Tara Rose (accepted by Shawn Gudmunsen), Stephanie Belisle and Brian Warner





MATH TUTORING



WHO: Algebra 1, Beginning Algebra, Intermediate Algebra, Algebra 2, Common Core Algebra 2, Geometry, Common Core Geometry, Stats, Pre-Calculus, Calculus, and Tech Math Students

WHEN: Monday, Wednesday, Thursday -- 7:00 - 7:55am; Friday -- 7:00 - 7:25am
(By appointment only if virtual: email sirinma@scfschools.com the day before to make an appointment.)

WHERE: Mr. Sirinek's Room (Room #139)

WHY: To improve math skills and study habits.

WHAT TO BRING: A POSITIVE attitude & questions you would like help answering!

**MIDDLE SCHOOL
 HOMEWORK HELP**

**3:30-4:30 PM
 MONDAY -
 THURSDAY**



A NOTE FROM THE MIDDLE SCHOOL

7 Ways to Support Your Child's Mental Health During Summer Vacation

Summer vacation will soon be here! For some students, this extended break from school is a welcome opportunity to relax, spend quality time with family, and start preparing for a new school year. For other students, the lack of structure and support they have grown accustomed to at school can make the transition to summer vacation difficult. Fortunately, whether your child is an elementary student or a teen, there are many steps you can take to support their mental health and make this summer the best one yet. Here are seven simple ways you can support your child's mental health during summer vacation.

Plan a Schedule and Stick to It

One of the biggest challenges students experience during the transition to summer vacation is a lack of structure. Although all students benefit from schedules and routines, children who struggle with mental health conditions such as anxiety and attention-deficit hyperactivity disorder (ADHD) tend to thrive when they know what to expect and can plan ahead. Schedules do not need to be set in stone or account for every hour of the day, but they should set basic expectations and an outline for tasks, appointments, activities, and other obligations.

Spend Time Outdoors

With long days and comfortable warm weather, summer vacation is a great opportunity to spend as much time outdoors as possible. From the sun and fresh air to physical activity, kids benefit greatly from being outdoors. Bicycling, swimming, sports, free play time, or even a family walk around the neighborhood after dinner are all excellent ways to get out of the house. Plus, time outdoors is a natural way to promote creativity and exploration while limiting screen time.

Make Time for Learning

Summer is a time for fun and relaxation, but it is also important to keep your student engaged mentally and limit learning loss from occurring while they are away from school. This summer, try to incorporate age-appropriate educational activities into your child's schedule. Visiting a museum or zoo, weekly trips to the library, keeping a journal, doing crafts, and science projects, and exploring new hobbies are all fun and effective ways to promote creativity and limit learning loss.

Think About Screen Time

Whether it is a smartphone, Netflix, or video games, most kids are attached to their electronic devices. While there is usually nothing wrong with these activities in moderation, too much screen time can have many negative effects on an adolescent's mental health. According to the American Academy of Child & Adolescent Psychology, children ages 8-12 spend as many as six hours a day using screens. Screen time increases to nine hours a day for teens. Excessive screen time is linked to anxiety/depression, behavioral problems, irregular sleep, impaired academic performance, and obesity. This summer, establish limits for screen time, familiarize yourself with the content and social media platforms your child has access to, and remember to set a good example with your own healthy screen habits.



A NOTE FROM THE MIDDLE SCHOOL

Make Healthy Choices

For many students, summer vacation is an escape from the healthy diets and habits established during the school year. While it is fine to indulge in tasty foods or take a break from physical activity every once in a while, maintaining a healthy lifestyle during the summer months is a key way to support your child's mental health. Eating healthy foods, drinking enough water, getting plenty of exercises, wearing sunscreen, remembering to wash hands, and maintaining a sleep schedule will all help your child have a healthy, fulfilling summer.

Schedule Annual Check-ups

While we're on the topic of making healthy choices, summer is a great time to schedule your family's annual visits to primary care physicians, dentists, optometrists, and therapists. During these visits, you should ask your doctor if your child is up to date on vaccinations, if they are meeting the appropriate milestones for their age, if they will need a physical to play fall sports and any other specific questions you may have. This is also a perfect time to schedule future appointments for the upcoming school year and get them on your calendar well in advance.

Monitor Behavioral Patterns

It's not uncommon for kids and teens to want to sleep more often during summer vacation or to stop doing things they once enjoyed as they grow older. For parents, it can be difficult to understand the differences between the normal ups and downs of life or something more serious like depression. As you spend more quality time with your child over summer vacation, watch for signs like feelings of sadness or anger (even over small matters), loss of interest, excessive sleep or insomnia, use of drugs or alcohol, conflict with family/friends, and low self-esteem. If you suspect something is out of the ordinary, talk with your child, be supportive, and try to determine if they need professional assistance. It's never too early to ask for help. Depression and other mental health symptoms will not get better on their own, and they often lead to further problems when left untreated.

Summer is a season of fun, relaxation, and time with family and friends, but the transition from the structure of school to long, laid-back days at home can be challenging for students and impact their mental health. Although these tips to support your child's mental health during summer vacation are helpful, it's always a good idea to seek the support of a mental health professional if you have any concerns.



A NOTE FROM THE MIDDLE SCHOOL

FAQ

Q: How much is too much screen time for children and teens?

A: According to the AACAP, the average screen time for teens is up to nine hours per day - far more than what's ideal. While opinions differ, many experts say teens should engage in recreational screen time for two hours per day or less.

Recreational screen usage differs from educational screen time, which may be necessary for learning and school. Examples of recreational screen time include using social media, playing non-educational computer games, and watching TV. Educational screen time, like computer use for school work, is not the same as purely recreational screen time.

While ideal screen time limits for teens can vary and might differ based on opinion or the unique needs of your teenager, the AACAP recommends that parents help adolescents build healthy habits around using technology. The effects of too much time spent using screens are serious but avoidable.

Q: How do I know if my child or teen needs help with their mental health?

A: Being present and asking questions without judgment is essential in understanding how your child or teen is feeling. This will also help you determine if they need extra **support. If your child or teen is having difficulty expressing themselves or is struggling with stress/anxiety, connecting with a mental health professional will allow them to get the help they need and keep any issues from worsening.**

Q: How can I prepare my child for the transition back to school?

A: The transition from summer vacation to school can also impact a child or teen's mental health. Adopting a new bedtime routine in the weeks before school starts, attending school open houses, helping your child plan ahead so they know what to expect, getting organized, and encouraging a positive outlook are all great ways to smooth the transition.

Source: Insight Behavioral Health

Mr Darrell Imhoff
MS Principal



Mr Frankie Torres
MS Guidance Counselor



This year's 8th grade recognition ceremony will be held on May 22, 2024 at 2:00 in the Fine Arts Center. This event is to recognize the accomplishments of our students over the past four years in St. Croix Falls Middle School. An informal reception will follow the ceremony. Parents and guardians are invited to attend and to celebrate the Class of 2028.

Please enter through the Fine Arts Center doors located near the high school entrance.



MIDDLE SCHOOL AND HIGH SCHOOL REMINDERS

Parents: This is a reminder on attendance.

Per our student handbooks, each student is allowed **ten** parent excused days each school year. A parent or guardian is required to notify the school when a child is absent from school. When taking a vacation, we require at least two days notification before being absent from school.

Students arriving late to school must sign in at the office window and receive a pass from one of the school secretaries for class. Tardy is before 8:30am; after 8:30am, your student will be marked absent. Accumulating multiple tardies, excused or unexcused, to any class, will result in detentions.

For the specific school attendance policies, please visit our school website. If you have any attendance questions, or you are calling to excuse your student, High school office: 715-483-7726. Middle school office: 715-483-7727.

Power School is a great tool for parents to keep track of their student's attendance as well as their grades. If you are looking for guidance on how to access this, visit this link: <https://parentaccess.scfschools.com/home>

THE MIDDLE SCHOOL BUILDING HOURS ARE 7:30 AM - 3:45PM



A NOTE FROM THE ELEMENTARY SCHOOL PRINCIPAL

Rita Platt

Dear St. Croix Falls and Dresser
Elementary School Families,

The year has flown by so fast! Thank you to all for
helping us make it go smoothly.

I love each and every child we serve and am thankful
that I'll get to work with them again next year, except
the fourth graders who will leave for the middle school,
who I will miss seeing every day.



My motto continues to be, "Start and end with love!"
It is a mantra I repeat every day, and I hope you have
found that I embody it.

As we head to the home-stretch of the 2023/2024 school year, I'd like to share a
few reminders.

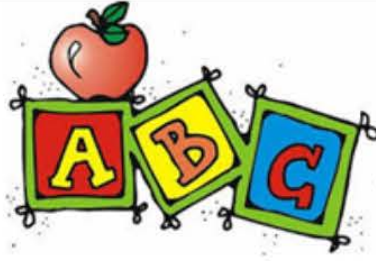
- Organize your day so that children read for 20 minutes each day. This is a homework expectation for every Dresser and SCF ES student. If your little darling can't read, please read to her/him.
- Students should spend 5 minutes on math fact practice and/or spelling practice each day as needed. If you need support getting this going at your house, let me know, I truly love to help!
- Limit electronics to an hour a day maximum and encourage as much outdoor and creative play as possible! Nature deficit is an increasing problem in the nation. Let's keep our community connected to the great outdoors!
- Communicate with us! We welcome you to call or email anytime. Do not hesitate to share questions, concerns, or compliments.

A BIG thank you to the families and friends who do so much to support our schools! We are all so grateful that we live in a community where being a "Saint who C.A.R.E.S." (cooperation, assertion, responsibility, empathy, self-control) is not just a school thing.

Best wishes to you and your families!

Rita Platt
Elementary Principal





St. Croix Falls School District

Full Day 4K Registration Is Open

All children that will be 4 years old on or before September 1, 2024, may register to attend 4K for the 2024-2025 school year.

Registration is due April 25, 2024.

Please contact Randi Shaw at the SCF Elementary office to get started.

shawra@scfschools.com or 715-483-9826 x 1100

Kindergarten and Other Grades Registration information:

If your child attended 4K at St. Croix Falls Elementary School, you do NOT need to register for kindergarten, it is automatic! If you have a NEW student for grades K-4, please contact Mrs. Shaw.

"Education is the most powerful weapon you can use to change the world." – BB King



EDUCATION IS
OUR PASSPORT
TO THE FUTURE,
FOR TOMORROW
BELONGS TO THE
PEOPLE WHO
PREPARE FOR
IT TODAY

MALCOM X





Eleven fourth graders from the Elementary School committed to the statewide Battle of the Books competition—which is no small feat given the 20 books they need to read thoroughly and be tested on. Jaxson Moore, Drew Strese, Odin Clemins, Holt Anderson and alternate Lane Rose represented the district well with a fabulous 5th place finish. Over 270 school compete in this annual competition.

Over 90 elementary students in grades 1-4 completed the Books Without Borders Global Reading Challenge. Students were able to assemble a team of readers (family members) to collectively circumnavigate the globe in 24,901 reading minutes. Stories from all continents and nonfiction geography books flew out of the library as kids worked for the prize: a Golden Ticket to the International Candy Party via SCF Country Airlines! (Students pictured: 4th grader, Ella Fransen and 3rd grader, Alex Malm)



Everyone loves Microgreen Time at the Elementary! A display case outside the Library makes the perfect place to grow some quick nutrition! Students eagerly gobble the sunflower, radish, basil and broccoli microgreens and eat them “like goats!” First grader, Ellie Hanson can’t believe how fast the lettuce seedlings grew in our “Perfect Summer Day” Tower garden.



SCF & Dresser Elementary Schools

SPRING ART SHOW

On display in the SCF Fine Arts Center's Art Gallery & Lobby May 1-13

OPEN TO THE PUBLIC

- MAY 3 * 1-3:30PM DURING 4TH GRADE CONCERT
- MAY 10 * 12:30-2PM DURING 1ST GRADE CONCERT
- MAY 7 * 4-6PM OPEN HOUSE
- MAY 13 * 6-9PM MS BAND & CHOIR CONCERT

MAY 7 ONLY!

Small art gift for each student who attends.

When is My Concert?

Kindergarten

Friday, April 12, 2024 2:00pm @ Fine Arts Center (park at the high school)

4th Grade

Friday, May 3, 2024 2:00pm @ Fine Arts Center (park at the high school)

1st Grade

Friday, May 10, 2024 2:00pm @ Fine Arts Center (park at the high school)

4K

Friday, May 17, 2024 2:00pm @ Elementary Gym (park at the Elementary School)

(2nd Grade/3rd Grade: already happened in December 2023)





Blue Ribbon Campaign Child Safety Event & School Dance

April is Child Abuse Prevention Month!

The St. Croix Falls Elementary School
will be hosting an indoor and outdoor event 😊

*The SCF Police and Polk County Officers will facilitate a
bike obstacle course - **helmets required!**

*In addition, we will have several stations including:

- Face painting & temporary tattoos
- Cake/goodie walk
- The St. Croix Falls Fire Department will also educate families about the importance of fire safety
- **80's** dance and a
- BOGO Scholastic Book Fair!!



When: **Friday, April 26th, 2024**

Where: St. Croix Falls Elementary School Gym,
South Parking Lot & Bus Area

Time: 5:00 p.m. – 7:00 p.m.

Details: Pizza supper and soda floats provided

**Bike raffle and free helmets courtesy of St. Croix Health,
Walmart and our local Police Department



FREE!

(suggested donation of \$2/person if you can offer it)

Come and join the fun!



Notes from the Athletic Director

Tara Rose

Sports Have So many Positive Benefits for our Students

Encourage your student(s) to get involved!



Sports Officials-

If you or anyone you know is interested in becoming an official for any sport, please reach out to AD- Tara Rose for more information. We will happily train you, help you get started, and make sure you have games to officiate. This is a great way to earn money, serve your community, and give back to athletics.

SCHEDULES

Sports schedules are ever-changing. For the most up-to-date schedules always check the St. Croix Falls page on the Heart O'North website here:

[HTTPS://HEARTONORTH.ORG/PUBLIC/GENIE/142/SCHOOL/674/](https://heartonorth.org/public/genie/142/school/674/)

Fall Sports Start Dates:

High School

Football- August 6, 2024

Girls Golf- August 12, 2024

Cross Country, Soccer & Volleyball- August 19 , 2023

*All MS Sports (Cross Country, Football, & Volleyball) will start on Monday, August 26, 2024.

ATHLETICS



#SAINTSNATION

Notes from the Athletic Director

*Make sure the athletes have a current physical or alternate year card turned in, this must be in before the athlete can practice. Also, make sure to register and pay the activity fee for your athlete on RevTrak- Link: <https://scfschools.revtrak.net/athletic-fees/#/f/athletics-fees>

Summer Physical Date: To Be Determined - look for this date if your child(ren) needs a physical.

Thank you,

Tara Rose

roset@scfschools.com

Work: 715-483-2507 ext. 1305

Cell: 715-417-2280



ATHLETICS



**Girls Basketball- Heart O'North
Champions for the 2nd year in a Row**

#SAINTSNATION



This Winter

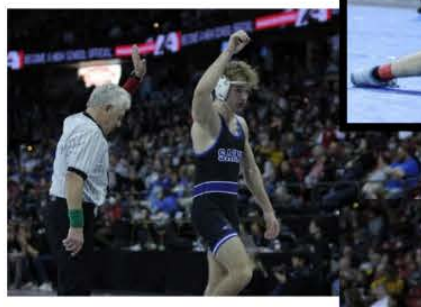
Boys Wrestling- 2nd in STATE!

In the State Semi-Final dual, the Saints beat Prairie Du Chien 27-26 with a dual-winning pin by Joe Petherbridge in the very last match! Then the boys lost to Luxenberg-Casso in the State Championship Dual. The boys had an incredible season being Conference, Regional, & Sectional Champions and ending their season with a second-place finish at State!



Congratulations to our Individual Wrestling State Qualifiers:
Kellen Kelly, Cole Steffen, Griffin Marko, Logan Bockman, Drake Petersen, Kylie Miller, Nevaeh Nwachukwu, and Lauryn Vee.

Congratulations to our Individual Wrestling State Place winners:
Kellen Kelly-2nd Place, Logan Bockman-3rd Place, Griffin Marko- 6th Place, & Nevaeh Nwachukwu-6th Place.



ATHLETICS



#SAINTSNATION

**Western Wisconsin Stars
(St. Croix Fall's Girls
Hockey Co-op Team)
made it to the sectional
final for the first time in
Program History!**



Growth in Girls Wrestling- SCF helping to lead the Pack!

Taken from Wisconsin Wrestling Federation- “On June 24th, 2020, the Wisconsin Wrestling Coaches Association and the Coaches’ Advisory Committee submitted a proposal to the WIAA Board of Control to add an all-girls division in the state championship series for wrestling. It was unanimously voted on as yes, 10-0.

Hard-nosed visionaries creating opportunities and creating visibility—that’s what has led us to this historic weekend for Wisconsin. What was an occasional female wrestler on the mats mixed into brackets with boys is now commonplace.

For the first time ever, Wisconsin will have an official association-backed championship for the girls.

More than 400 girls went through OPC testing (weight management) in Wisconsin this season and the WIAA championship event at the La Crosse Center on Saturday will showcase the largest tournament in state history. There are 261 wrestlers registered.”

Since 2020 girls wrestling in Wisconsin has grown rapidly, and St. Croix Falls has been a trailblazing program, especially for Northwest Wisconsin and smaller schools.



2023-2024 Saints Girls Wrestling team with Coach Katie Raygor.
Photo Credit to Reflective Images

#SAINTSNATION



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2024-2025 SCF School District Calendar

August						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

14 New Employee Inservice
19 All Staff Inservice
20-22 Teacher Inservice
26 Teacher Inservice
27-29 School In Session

February						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

17 Teacher Inservice
19 days / 114 total

September						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2 Labor Day (No School)
3 First Official Student Day
20 days / 20 total

March						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

17-21 Spring Break (No School)
16 days / 130 total

October						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

18 Teacher Inservice
22 days / 42 total

April						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

18 No School
21 Teacher Inservice
20 days / 150 total

November						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

8 Teacher Inservice
27 No School
28 Thanksgiving (No School)
29 No School
17 days / 59 total

May						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

23 Graduation
26 Memorial Day (No School)
29 Last Student Day
30 Teacher Inservice
20 days / 170 total

December						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

23 Teacher Inservice
24-31 Winter Break (No School)
15 days / 74 total

June						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2 Teacher Inservice

January						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1 New Year's Day (No School)
2 School Revenues
30 Teacher Inservice
21 days / 95 total

- One inclement weather day will be forgiven / floating inservice.
- Student Contact Days 170
Board Approved: 11/14/2023

Revised: 11/28/2023



INFORMATION FROM THE NURSE



Attention parents of children going into 4K, Kindergarten and 7th grade Fall 2024!

If you have not received a letter you should be receiving it soon. This letter is regarding your child needing immunizations prior to the start of school Fall 2024 per the Wisconsin law. If you decline to immunize then a waiver will need to be completed and signed. Please watch for this letter.

4K Students will need the following immunizations:

- 4 DTaP/DTP/DT
- 3 Polio
- 3 Hepatitis B
- 1 MMR
- 1 Varicella

Kindergarten Students will need the following immunizations:

- 4 DTaP/DTP/DT
- 4 Polio
- 3 Hepatitis B
- 2 MMR
- 2 Varicella

7th Grade Students will need the following immunizations:

- 4 DTaP/DTP/DT
- 4 Polio
- 3 Hepatitis B
- 2 MMR
- 2 Varicella

1 Tdap

Tetanus, Diphtheria and Pertussis (Tdap) booster. This one-time injection is the key to increasing your child's resistance to Tetanus, Diphtheria and Pertussis (Whooping Cough). The Wisconsin Immunization law requires a dose of this vaccine to attend school in the seventh grade. If decline, a waiver will need to be completed.



TOO Sick for School? When to stay home

1. Fever: 100.4 F or greater. Student may return to school when fever-free for 24 hours without using any fever reducing medications.
2. Vomiting/Diarrhea: Any unexplained vomiting episode. May return 24 hours after last episode. Diarrhea=three or more unexplained episodes of watery or loose stool in 24 hours OR sudden onset of loose stools. May return 24 hours after last episode.
3. Cough: Serious, sustained coughing, shortness of breath, or difficulty breathing. Consult with a health care provider.
4. Rash: Any new rash accompanied by fever. May return after rash goes away and fever free or clearance given by health care provider.
5. Skin Lesions/Sores: Drainage from a sore that cannot be contained within a bandage OR sores are increasing in size OR new sores are developing day-to-day. Consult with a health care provider



Information on Head Lice

An estimated 6 to 12 million infestations occur each year in the United States, most often among children ages 3 to 11 years of age.

Head lice are not dangerous. They do not transmit disease, but they spread easily. Head lice are tiny, wingless insects that live close to the human scalp and feed on human blood. The eggs (nits) are tiny, tear-drop shaped; and attach to the hair shaft and are often found around the nap of the neck or ears. Nits may appear yellowish or white and can look similar to dandruff. But, unlike dandruff, they can be difficult to remove. Baby lice (nymphs) are smaller and grow to adult size in 1-2 weeks. Adult lice are the size of a sesame seed and are tan to grayish-white. Lice crawl, they do not fly or jump.

Infestation can occur at home, school or in the community. Head lice are mostly spread by direct head to head contact – for example, during play at home or school, slumber parties, sports activities or camp. Sometimes, head lice are spread via objects that were in recent contact with a person infected by head lice, such as hats scarves, combs, brushes, hair attachments, etc. It is very important to check your students hair throughout the school year.

HEAD LICE TREATMENT RECOMMENDATIONS

- Examine each family member's head. A magnifying glass in good light may help. Wash your hands between examinations.
- Consult with your doctor or go to the pharmacy for a lice killing product. Follow the directions on the labels or inserts of the medicated product.
- Promptly treat all members of the family who have head lice. Follow the product directions exactly!!! If your child has very thick or long hair, 2 treatment packages may be needed.
- Each head lice treatment product is different and instructions vary. It is EXTREMELY important to follow the directions included with the product you choose to use.
- Some lice killing products are applied to dry hair. If the lice killing product recommends shampooing hair prior to use, do not use a combination shampoo/conditioner or conditioner.
- Lice killing products should be applied and rinsed at a sink, not in the shower or bathtub, to avoid unnecessary chemical exposure. Protect the neck, ears, and face with a dry towel. Make sure the child is comfortable as this process takes several minutes.
- Do not wash the hair for 1-2 days after treatment for lice.
- It is not necessary, but hair can be combed with a fine-tooth nit comb or tweezers to remove all nits (eggs).
- Remove mattress pads, sheets, pillowcases, and blankets from beds. Wash and dry on hot setting
- Put pillows, non-washable bedding, stuffed toys, furniture throw pillows, etc. in a dryer set on hot for 30 minutes; or seal them on a plastic bag for 7-14 days.
- Make beds with clean linen.
- Thoroughly vacuum all mattresses, upholstered furniture, carpet, car seats, and seats in the car/s, especially around buttons.
- Wash all jackets, sweaters, hats, and other clothing that may have come in contact with head lice in the last 3-4 days.
- Take non-washable clothing to the dry cleaners or use an alternative treatment: dyer for 30 minutes or seal in plastic bag for 7-14 days.



- Notify all people who were in contact with any family member with head lice in the past week. Inform them, they must check for head lice/nits, treat persons with head lice/nits and do thorough house cleaning. This step is important to avoid re-infestation.
- Many products require another treatment in 7 to 10 days. Check product inserts or labels for details.
- Do not use the product more often than the directions state. Do not use the product to prevent head lice. The risk is developing immunity to the product.

HOW TO EXAMINE FOR HEAD LICE

Use bright light to look at:

- 1 Crown of head
- 2 Bangs
- 3 Behind both ears
- 4 Nape of neck

How to inspect

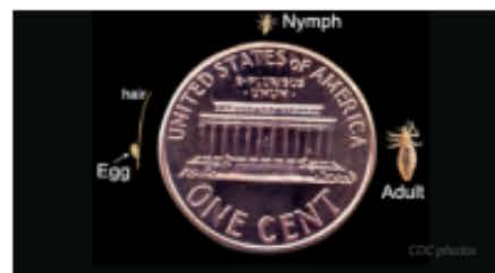
- 1 Place gloves on your hands
- 2 Use fingers to separate hair and create a part. The part should allow you to clearly see the person's scalp.
- 3 Look for lice crawling on the scalp where the hair is parted or on the hair shaft. The lice will be dark in color and the size of a poppyseed.
- 4 Look for nits near hair follicle about ¼ inch from scalp. Nits (eggs) will be white or yellowish-brown. Nits are often more easily seen than lice, especially when the person has dark hair.
- 5 Also look behind both ears and near the back of the neck. You may see lice

SCREENING TIP:

To distinguish between dandruff and nits, try to flick or pull off the white speck. Dandruff is easily pulled off, but nits are not.

Change gloves between each child's examination and wash your hands after all examinations are completed.

The size of a nit (egg), nymph, and louse relative to a penny



A. Checking hair for lice



B. Nits (lice eggs) on hair



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

327893-A



2024 SUMMER KIDS CARE

CLICK HERE TO REGISTER

[HTTPS://](https://scfsschools.revtrak.net/rw-community-education/)

[SCFSSCHOOLS.REVTRAK.NET /RW-COMMUNITY-EDUCATION/](https://scfsschools.revtrak.net/rw-community-education/)

REGISTRATION FEES:

\$30 PER CHILD

\$60 MAXIMUM PER FAMILY

SUMMER KIDS CARE IS AVAILABLE FOR CHILDREN: WHO HAVE ATTENDED 4K THROUGH 3RD GRADE DURING THE 2023/2024 SCHOOL YEAR.

* NOTE: KIDS WHO COMPLETED 4TH GRADE ARE NO LONGER ELIGIBLE FOR KIDS CARE SERVICES.

SUMMER KIDS CARE WILL BEGIN ON MAY 28TH

INFO & FEES

Care Type	Locations	Hours of Operation	Dates	Daily Fees
Before Summer School	SCF ES	6:00am-8:30am	June 3rd- June 21st	\$6.00 per child
After Summer School	Dresser Elem.	12:30pm-6:00pm	June 3rd- June 21st	\$20.00 per child \$18.00 per second child
Summer Full Day	Dresser Elem.	6:00am-6:00pm	May 28th- May 31st June 24th- August 2nd	\$35.00 per child \$30.00 per second child

NEW TUITION POLICY

TUITION MUST BE PAID IN ADVANCE FOR CARE. PARENTS WILL BE REQUIRED TO FILL OUT A BI-WEEKLY ATTENDANCE CALENDAR AND RETURN IT WITH THE TUITION PAYMENT DUE ACCORDING TO THE NUMBER OF DAYS CONTRACTED FOR THE NEXT 2 WEEKS. IF THE CALENDAR AND PAYMENT ARE NOT MADE BY THE DUE DATE, NO CARE WILL BE PROVIDED.

MORNING DURING SUMMER SCHOOL

715-417-2248

AFTER SCHOOL & FULL DAY

715-417-1694

TAMMY JONES

JONESTA@SCFSSCHOOLS.COM



REGISTER TODAY

AS SPACES ARE LIMITED AND FILL UP QUICKLY

[HTTPS://SCFSSCHOOLS.REVTRAK.NET/RW-COMMUNITY-EDUCATION/](https://scfsschools.revtrak.net/rw-community-education/)

Little Saints are having fun. Want to be a part of it? Join our TEAM!



Be silly,
Be honest,
Be kind.
- Ralph Waldo Emerson

An illustration of four children (two boys and two girls) sitting at a table, smiling and holding books or papers.

Kids Care Kids are having fun AND learning



Every day
is a
Chance to
LEARN





Register early for Summer School programs .

<https://scfschools.revtrak.net/summer-school/#/list>



**JUNE
JULY
AUG**



SAINTS SUMMER 2024

- ONLINE REGISTRATION INFO ENCLOSED**
- Summer school
 - Kid's Care
 - Summer Weight Room
 - Basketball Camps
 - Wrestling Camp
 - Softball Pitching Sessions



Coming Soon

WEIGHT ROOM SUMMER SESSIONS



STUDENTS 5TH-12TH GRADE ARE WELCOME TO LIFT IN THE WEIGHT ROOM FOR SUMMER SCHOOL. HS STUDENTS ARE EXPECTED TO DO THEIR TEAM BUILDR WORKOUTS AND MS STUDENTS WILL HAVE A DAILY WORKOUT GIVEN TO THEM. THIS IS A GREAT OPPORTUNITY TO GET STRONGER, FASTER, AND BECOME A BETTER ATHLETE!

**Registration is REQUIRED! Register here-
<https://forms.gle/98faa57CBWuEuwWYA>**

**The sessions are FREE & run from May 28-August 16
Session Times: 7:00 & 8:00 AM & 4:00, 5:00 & 6:00 PM**



SAINTS NATION





Please register early for summer camps online.
<https://scfschools.revtrak.net/rw-community-education/>
under SUMMER CAMPS



GIRLS BASKETBALL *Camp*

HS CAMP
/// **Entering Grades 9-12** ///

Wednesdays June 12, 19 July 17, 24
HS Gym 2-3:30pm
Cost: \$50

MS CAMP
/// **Entering Grades 5-8** ///

Mon-Thurs, June 3-6
MS Gym 1:30-3pm
Cost: \$40

ES CAMP
/// **Entering Grades 1-4** ///

Mon-Thurs, June 3-6
MS Gym 12:30-1:30pm
Cost: \$35

REGISTER ONLINE:
[SCFSCHOOLS.RETRAK.NET/RW-COMMUNITY-EDUCATION/](https://scfschools.revtrak.net/rw-community-education/)
(SUMMER CAMPS)



SCF COMMUNITY ED - SUMMER CAMP

BOYS BASKETBALL CAMPS

JOIN THE SCF BOYS COACHING STAFF AND
VARSITY ATHLETES FOR SUMMER CAMP! THE
FOCUS WILL BE ON TEACHING THE
FUNDAMENTALS OF THE GAME WHILE INSTILLING
THE "LOVE FOR THE GAME!"



ALL CAMPS MON-THURS JUNE 17 - 20TH
IN THE MS GYM. COST \$40

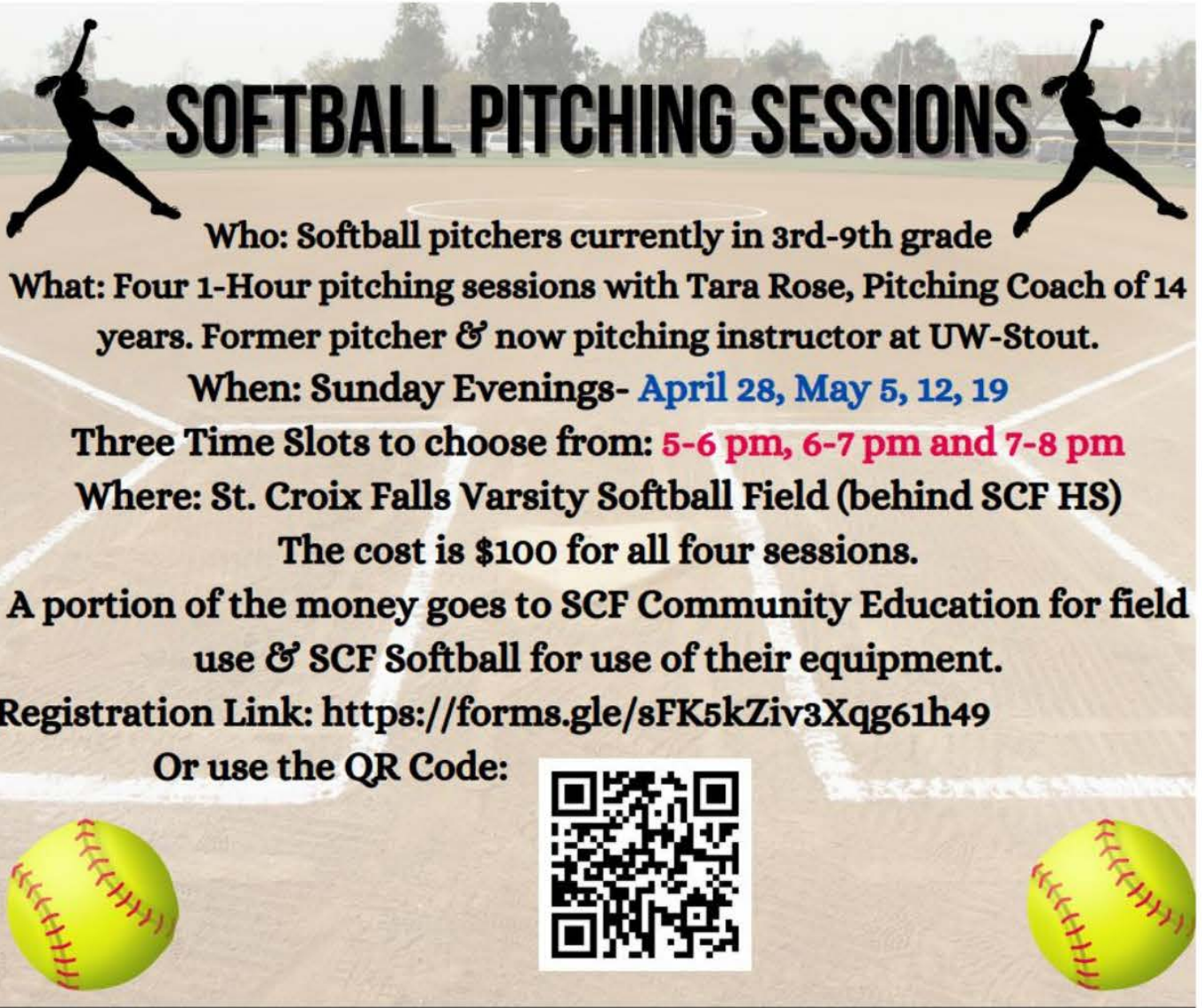
YOUTH - ENTERING GRADES 4K-4TH 12:30-1:45

MIDDLE SCHOOL - GRADES 5TH-8TH 2PM -3:15

REGISTER ONLINE:

[HTTPS://SCFSCHOOLS.REVTRAK.NET/RW-
COMMUNITY-EDUCACTION \(SUMMER CAMPS\)](https://scfschools.revtrak.net/rw-community-education)

Chad Hall - Head Boys Basketball Coach



SOFTBALL PITCHING SESSIONS

Who: Softball pitchers currently in 3rd-9th grade

What: Four 1-Hour pitching sessions with Tara Rose, Pitching Coach of 14 years. Former pitcher & now pitching instructor at UW-Stout.

When: Sunday Evenings- **April 28, May 5, 12, 19**

Three Time Slots to choose from: **5-6 pm, 6-7 pm and 7-8 pm**


Where: St. Croix Falls Varsity Softball Field (behind SCF HS)

The cost is \$100 for all four sessions.

A portion of the money goes to SCF Community Education for field use & SCF Softball for use of their equipment.

Registration Link: <https://forms.gle/sFK5kZiv3Xqg61h49>

Or use the QR Code:



“
You'll never know what you're capable of until you take that first step and just go for it.
NATASHA HASTINGS



**HS Football
Camp
Registration opens
in May.
More details will be
available soon.**

SCF Community Ed Presents
**HIGH SCHOOL
FOOTBALL
SUMMER CAMP**

June 17, 18 6-8:30pm
July 22,23,24 6-8:30pm

Registration open in May

<https://scfschools.revtrak.net/rw-community-education/>

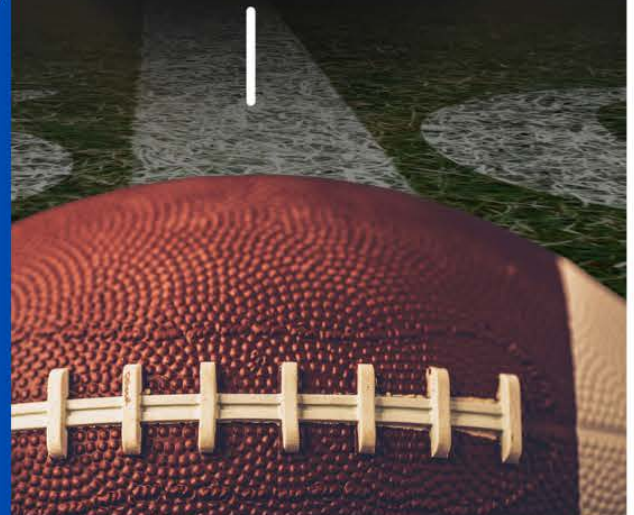


SCF COMMUNITY ED PRESENTS

**YOUTH SUMMER
FOOTBALL
CAMP
2024**

DATES WILL BE UPDATED SOON
SCF HS PRACTICE FIELD
\$40 - INCLUDES T-SHIRT
MUST PRE-REGISTER

[HTTPS://SCFSCHOOLS.REVTRAK.NET/RW-COMMUNITY-EDUCATION/](https://scfschools.revtrak.net/rw-community-education/)
(UNDER "SUMMER CAMPS")

**Youth Football
Camp
Register online, \$40
registration fee
Dates will be posted
soon.**



Halo Wrestling Camps

IRON SHARPENS IRON!

Summer wrestling makes winter champions! SCF wrestling will be hosting a plethora of opportunities for your wrestler to get some off-season wrestling in. A wide range of high-level drop-in coaches plus several SCF coaches will help coach at sessions. The summer wrestling camp will be featuring multiple time NCAA Division 1 All American Tanner Sloan and NCAA Division 3 National Champion wrestler Sam Stuhl! Area wrestlers are invited!

Cost: \$75 dollars

Price Includes:

Sunday Nights

2nd thru 6th grade – 4:00 to 5:30 pm

7th thru 12th grade – 6:00 to 7:30 pm

Tuesday Nights

7th thru 12th grade – 7:00 to 8:00 pm

4 Day Wrestling Camp (June 24—27th)

3 Day Girls Only Wrestling Camp (July 22 – 24)

Register today on the SCF Community Ed

Website: <https://scfschools.revtrak.net/rw-community-education/>

Location: Saint Croix Falls High School

Address: 740 Maple Dr, St Croix Falls, WI 54024

If you have any questions email

raygojo@scfschools.com or call 715-338-7580.



Find camp information on Facebook @ St. Croix Falls Wrestling Booster Club



MAY 2024

26 Sunday Practice 6:00 to 7:30 pm	27	28 Tuesday Practice 7:00 to 8:00 pm	29	30	31	1
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JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
26 Sunday Practice 6:00 to 7:30 pm	27	28 Tuesday Practice 7:00 to 8:00 pm	29	30	31	1
2 Sunday Practice 6:00 to 7:30 pm	3	4 Tuesday Practice 7:00 to 8:00 pm	5	6	7	8
9 Sunday Practice 6:00 to 7:30 pm	10	11 Tuesday Practice 7:00 to 8:00 pm	12	13	14	15 Hockey Fundraiser "Buckaroo" @Kolar Grove
16 Sunday Practice 6:00 to 7:30 pm	17	18 Tuesday Practice 7:00 to 8:00 pm	19	20	21	22
23 Sunday Practice 6:00 to 7:30 pm	24 SCF CAMP	25 SCF CAMP	26 SCF CAMP	27 SCF CAMP	28	29
30	1	2	3	4	5	6

JULY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5	6
7 Sunday Practice 6:00 to 7:30 pm	8	9 Tuesday Practice 7:00 to 8:00 pm	10	11	12	13
14 Sunday Practice 6:00 to 7:30 pm	15	16 Tuesday Practice 7:00 to 8:00 pm	17	18	19	20
21 Sunday Practice 6:00 to 7:30 pm	22 SCF CAMP	23 SCF CAMP	24 SCF CAMP	25	26	27
28 Sunday Practice 6:00 to 7:30 pm	29	30 Tuesday Practice 7:00 to 8:00 pm	31	1	2	3

PRACTICE =



CAMP =





Halo Wrestling Camps

Intermediate Camp (June 24th - 27th)

Grades: 2nd - 5th
Camp Fee: \$50

Time: 4:00 to 5:30 pm
Check In: Middle School Gym

This camp will focus on building off the basic skills and introduce some advanced techniques that are required to win at the varsity level. Top, bottom, and neutral positions will all be taught as well as some baseline defense skills that will help your wrestler win at the next level.

Elite Camp (June 24th - 27th)

Grades: 6th-12th
Time: 6:00 to 8:00 pm everyday

Camp Fee: \$50
Check In: Middle School Gym

This camp will focus on refining the basics while mastering the advanced techniques to win championships. Drilling, technique, and live wrestling will be utilized to help your wrestler jump levels. Tanner Sloan will be teaching mat wrestling and a variety of other positions that made him a division one all American. Sam Stuhl will show some secrets behind the cradle ride and other positions.

Girls Only Wrestling Camp (July 22nd - July 24th)

Grades: 5th-12th
Time: 5:00 to 7:00 pm everyday

Camp Fee: FREE
Check In: Varsity Room

This camp will focus introducing new girl wrestlers the sport while helping veteran girl wrestlers get the edge to grow their skills. SCF coaching staff will be the lead counselors for this camp and there will be technique, drills, and live wrestling. Bring a friend!

If you register for the entire summer, (cost 75 dollars) the camps are included for free.

Location: Saint Croix Falls Middle School Gym
Address: 740 Maple Dr, St Croix Falls, WI 54024

If you have any questions email raygojo@scfschools.com or call 715-338-7580.

Register today on the SCF Community Ed Website:
<https://scfschools.revtrak.net/rw-community-education/>

CAMP COUNSELORS



Tanner Sloan

- 2x Iowa State Champion
- 4-time Division 1 NCAA Qualifier
- 2023 Division 1 National Runner Up
- U23 Silver World Medalist



Sam Stuhl

- 4 Time WIAA State Champion
- NCAA Scholar All American
- Captain of multiple Augsburg's National Championship Teams
- NCAA Division 3 National Champion

***SCF Coaches and alumni will help assist sessions throughout the camps.**



Find camp information on Facebook @ St. Croix Falls Wrestling Booster Club



2024 St. Croix Falls Baseball Association Registration Information
Welcome to the Youth TEE BALL and COACH PITCH Baseball Season!
(Season Dates for Tee Ball and Coach Pitch: May 28th -June 27th)



The St. Croix Falls Baseball Association has partnered up with SCF Community Education and we are more excited than ever to get on the diamonds this summer! We invite all students in grades PreK-4th grade to join us for some fun this summer. As a side note, neighboring communities to St Croix Falls are also encouraged to sign up their youngsters, as many other schools do not offer tee ball as early as we do as a school district. Spread the word.

Tee Ball (Recommended for PreK-Kindergarten)

Registration Fee: \$50 on or before Friday, May 3rd

***This level is best suited for students in PreK-Kindergarten and offers an introduction to the game of baseball with an emphasis on developing basic baseball skills. The major emphasis will be on sportsmanship and having fun! (Games and practices will be Mon. and Wed. evenings on the north Dresser ball field next to Little Saints Childcare.)**

Coach Pitch (Recommended for 1st - 3rd Grade)

Registration Fee: \$50 on or before Friday, May 3rd

***This level is best suited for students who have already mastered Tee Ball and are looking to further develop their skills in throwing, catching, hitting, and fielding. There will be an emphasis on the rules of the game, hitting, and learning different defensive positions while still promoting good sportsmanship and having fun! *Rule: Each batter will get five swings/strikes to hit the ball and after the fifth swing/strike if they have not made contact they will hit off a tee. This is done to help keep the game moving along. (Games and practices will be Tues. and Thur. evenings at the Alliance Church in St Croix Falls.)**

****The Way to Register this Year****

All registrations will be run through the district’s community education online portal this season. Use the link below or visit the school district’s website and go to the Community Ed tab.

<https://scfschools.revtrak.net/rw-community-education/>

Looking for a class to take? Looking for some social activities to do?
Join Community Ed!

.....
Classes available for registration at:

<https://scfschools.revtrak.net/rw-community-education/>

Community Education Website:

<https://www.scf.k12.wi.us/community/>



Driver's Education: St Croix Falls students interested in Driver's Ed

- **OPTION 1** Drivers Education is available online through Northwood Technical College. All information is available by calling 715-234-7082 and select option 4, or can be found at: <https://www.northwoodtech.edu/continuing-education-and-training/driver-training/drivers-ed>
- **OPTION 2** St Croix Valley Driving School is located in St Croix Falls. New classes begin September 18, 2023 and go through October 12, 2023. Classes are held Monday - Thursday 6-8 PM. Classes are also available online through SCVD. All information is available by calling or texting 715-553-6602 or email scvds.office@gmail.com
- **OPTION 3** Bumper to Bumper School of Driving is located in the Somerset/New Richmond area and offers services to St Croix Falls students. All information is available by calling 715-417-8316, email Btbsdllc@gmail.com, or on their website: btbsdllc.com

DRIVER'S EDUCATION
GET A GOOD START



OPTIONS AVAILABLE

- *ST CROIX VALLEY DRIVING SCHOOL
- *NORTHWOOD TECHNICAL COLLEGE
- *BUMPER TO BUMPER SCHOOL OF DRIVING



Ages 6+ are welcome - the first night is free!
Thursdays starting September 7th-May 16th (billed monthly)
Hosted in the dance room at the SCF High School



Cheer! Stunting! Dance!

- Ballet (5:30pm-6:00pm) - \$30/month
- Hip-Hop (6:00pm-6:30pm) - \$30/month
- Cheerleading (6:30-7:30pm) - \$45/month
- Cheer Stunt Team (Invite Only) (7:30-8:30pm) - \$45/month

Register at <http://ApexGymnast.com/CommEd/>
Questions? (715) 539-3333 or office@apexgymnast.com

INSTANT

Piano or Guitar



Online piano and/or guitar class for hopelessly busy people.
Registration will open in August.

OCT 26, 2024

Once you register use the link provided for your online class for Piano or Guitar.. or try BOTH



Piano and Flute Lessons: with Instructor Julie Roadfeldt.

Lessons are open to youth and adults \$25.00 per half hour lesson, monthly tuition is due at the beginning of each month, payable to Julie Roadfeldt. Classes are held in Ms Roadfeldt's home for private after school music lessons, for students of all skill levels! Lessons are open to ALL ages. To learn more about music instruction and to schedule lessons, please email Julie at julie.roadfeldt@gmail.com or call 715-557-2527.



Stage Combat Workshop

Dave Schneider is a certified stage combatant, actor and teacher.

Learn how to fall, slap or punch safely on stage.

Dave has worked with hundreds of actors from High School students (SCF's Beauty and the Beast...) to the actors at the Guthrie and the Minnesota Opera.



Dates will be Saturdays Mid June - Check the Community Ed web page



Need a metabolic pick-me-up? Does your meal planning need a kick in the pants? Join Andrea Petersen for a great workshop. Learn about nutrition and how to plan your meals for a new healthy you.

Details Coming Soon Check the Community Ed web page

Looking for a fun new way to workout? Maybe Middle Eastern Dance is your thing. Women dance for women. We will focus on flexibility, strength coordination and positive body images.

Women only, ALL ages and sizes WELCOME! No Dance experience necessary.

Details Coming Soon Check the Community Ed web page



Join the Genius behind Fiddlehead Kitchen for a cooking class. You've seen these fantastic ladies in Balsam Lake at the Barred Owl as well as a number of different pop-up locations in the St Croix Valley.

Returning this Fall

Want to take a trip to the Guthrie, or maybe the Chanhasen Dinner Theater? We will be working on putting together some community trips to the Twin Cities for some cultural events



Art, Cooking and other fitness and dance classes ..
The possibilities are endless. Contact Joanna at commed@scfschools.com if you're interested in teaching a class.

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